

2082

Advanced Diploma Course (Add-on)
Cosmetology
Paper – A

Time allowed: 3 Hours

Max. Marks: 60

NOTE: Attempt five questions in all, including Question No. 1 which is compulsory and selecting one question from each Unit.

x-x-x

I. Answer the following in 2-4 lines each:-

- a) Describe the meaning of Aroma therapy
- b) Describe the importance of aerobics
- c) Define bacteriology
- d) Give a brief introduction of the nervous system
- e) Describe the importance of Panchkarma.
- f) Give the remedial properties of neem

(6x2)

UNIT – I

II. Briefly describe the muscular system with suitable diagram.

(12)

III. Briefly describe the skeletal system with suitable diagram.

(12)

UNIT – II

IV. Describe aroma oils with the benefits of aroma therapy.

(12)

V. Define remedial properties of Tulsi, Aloe vera, Amla and Reethanut.

(12)

UNIT – III

VI. Define the term 'spa' briefly with its types and benefits.

(12)

VII. Describe any four basic techniques of aerobics used for weight reduction.

(12)

UNIT – IV

VIII. Write down the benefits of 'Acupressure' and methods of giving acupressure treatment.

(12)

IX. What are the methods for doing 'Panchkarma'? Also, explain its benefits.

(12)

x-x-x