

CSIR-NIScPR



सीएसआर  
CSIR  
भारत का नवाचार इंजन  
The Innovation Engine of India  
A CSIR Publication

INDIAN J TRADIT KNOW

January 2026

CODEN: IJTKB7.25(1) 1-88 (2026)

ISSN : 0972-5938 (Print)

e-ISSN: 0975-1068 (Online)

ijtk.niscpr@csir.res.in



# Indian Journal of Traditional Knowledge



<https://niscpr.res.in>

NIScPR  
National Institute of Science Communication and Policy Research  
सीएसआर-निस्पर

CSIR-National Institute of Science Communication  
and Policy Research  
New Delhi, INDIA



Scanned with OKEN Scanner

# Indian Journal of Traditional Knowledge

<https://niscpr.res.in>

VOLUME 25

NUMBER 1

JANUARY 2026

CODEN: IJTKB7

ISSN: 0972-5938 (Print)

## CONTENTS

### Review

- Scope and challenges of network pharmacology in Ayurveda research elucidated towards modelling the efficacy of *Osmium tenuiflorum* (Tulsi) for virus-induced influenza 7  
Komal Tilwani & Gayatri Dave

### Papers

- Traditional *marma* manipulation and *snigdha agnikarma* in osteoarthritis of knee: a quasi-experimental study 17  
Kavya C Prakash, Smitha Mohan P V & Shaji K
- A preliminary study on the safety and effectiveness of the Unani compound drug *Habb-e-Hindi-Zeeqi* in cases of bronchial asthma (*Zeeq-un-Nafas*) 24  
Parvez Khan, Radhey Shyam Verma, Smita Kumari, Sadia Ayub, Md. Zahid Ansari & Usama Akram
- Formulation and evaluation of polyherbal Asava to treat polycystic ovarian syndrome 32  
Prathyusha Madireddy, Sheetu Wadhwa, Saurabh Singh & Neelima Aligireddy
- Pharmacognostical and phytochemical study of *Dillenia pentagyna* Roxb. with *in-vivo* evaluation of its anti-arthritic and anti-inflammatory activities 40  
Prasanna Habbu, Vaishali Maruti Todkar, Mahalaxmi Hipparagi, Smita Madagundi, Venkatrao Kulkarni & Chetan Savant
- Documentation of folk knowledge on wild edible plants of Amadagur, Sri Sathyasai District, Andhra Pradesh 51  
Nagaraju Vallepu, Hemaraju Palakuru & Panchala Prasad Goli
- Optimizing nutrient application with vrikshayurveda-based herbal kunapajala concoctions: a sustainable solution for enhancing the productivity of Indian mustard (*Brassica juncea* L.) 63  
Banavath Mahesh Naik, Sunita T Pandey, Amit Bhatnagar, Subhash Chandra, Rajeev Kumar, Karthika M, K Srikanth Reddy & Tony Manoj K Nandipamu
- Harnessing indigenous knowledge for soil fertility: Traditional agroforestry-based farming in the Sikkim Himalaya 74  
Ghanashyam Sharma
- Author Index 86
- Subject Index 87