

MANIPUR'S DEPUTY CM NEMCHA KIPGEN
I AM READY TO MAKE ANY SACRIFICE

JOURNALISM WITH A HUMAN TOUCH | www.theweek.in | TheWeekMag | TheWeekLive | ₹ 80

COLUMN BY
ANITA PRATAP
EPSTEIN AND THE CROWN
PRINCESS OF NORWAY

WEALTH WATCH
THE ALLURE OF GOLD,
NOW A DIGITAL OPTION

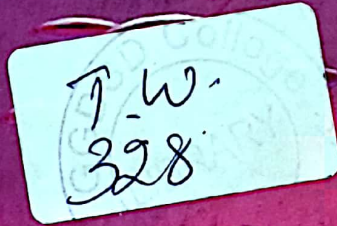
FEBRUARY 22, 2026

THE WEEK



WHY WE DREAM

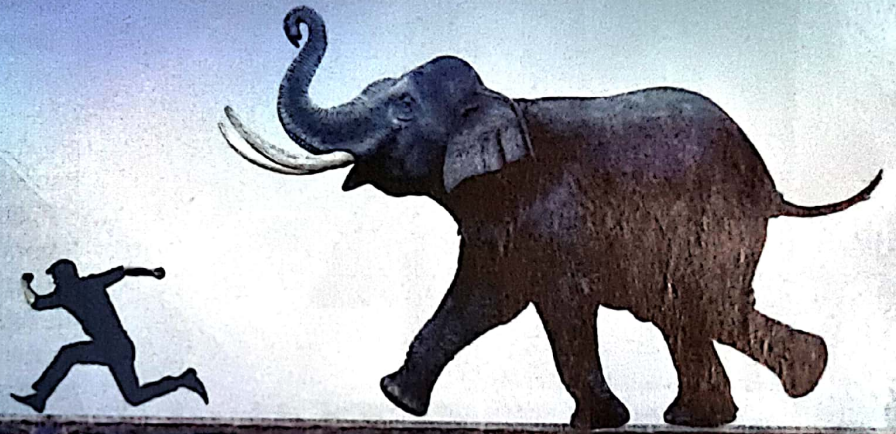
Dreams can shape our creativity, solve our problems,
heal our mind and prep us for life



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COVER STORY

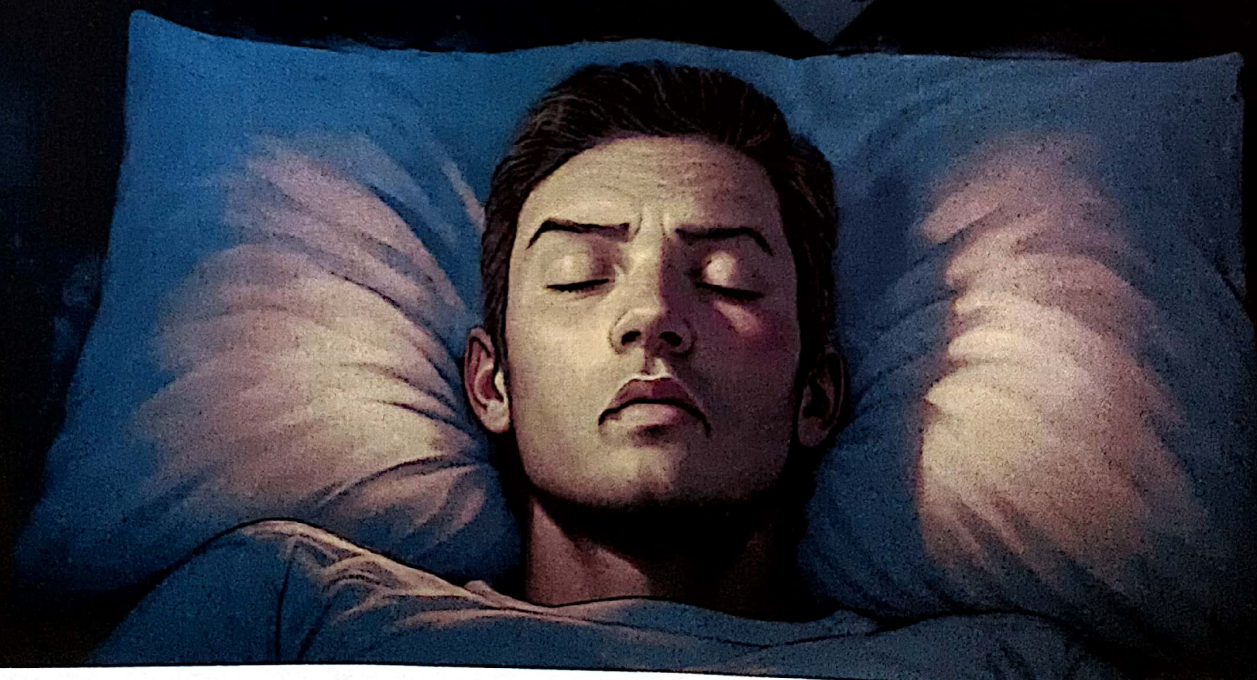


Sleep's secret laboratory

From marking nocturnal visions on clay tablets to journalling through apps, we have long been fascinated by dreams, and research suggests that the fascination is well-founded, as dreams may hold not just meanings, but answers, too

PLUS

- ▶ Sleep is the quiet friend who repairs what life frays: Dr Mazda Turel
- ▶ New York-based photographer Nicolas Bruno turns his nightmares into art to spread awareness about sleep paralysis
- ▶ The art of selling dreams



IMAGING BINESH SREEDHARAN



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CURRENT EVENTS

The stage is now set for the next step in addressing the ethnic aspirations of the people of Manipur, but it remains to be seen whether the state is ready for engagement that moves beyond mere dialogue



Interview
"Unity is absolutely essential. I do not represent one community alone"
—Nemcha Kipgen, Manipur's deputy chief minister

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BANGLADESH

"India-Bangladesh relations have reached their lowest point"

—Mostafa Sarwar Farooki, filmmaker and cultural adviser, Bangladesh

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TRADE

India and the Nordic countries are well positioned to unlock new partnerships by aligning sustainability, skills and innovation

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DIPLOMACY

The UAE's role as a long-term investor in India's growth story is now firmly established
—Sunjay Sudhir, former Indian ambassador to the UAE



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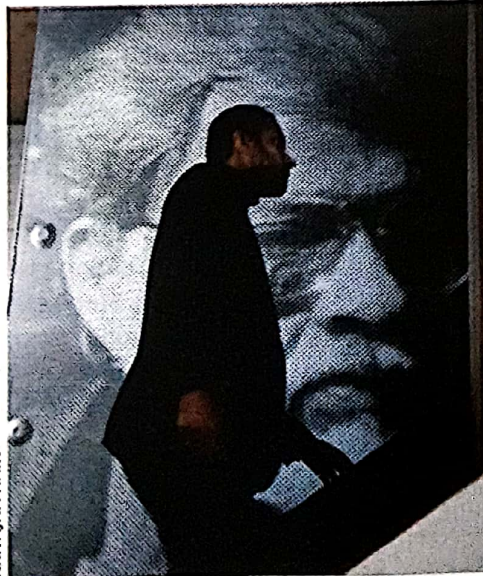
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The future of Indian health care will not be defined only by hospitals and technology, but by our ability to extend trust, compassion and clinical excellence beyond institutional walls



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Celebrating the many detours of artist Satish Gujral

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CINEMA

Fiction, fantasies and full-bleed heroes

COVER ILLUSTRATION BINESH SREEDHARAN

Printed at Malayala Manorama Press, Manorama Building, K.K. Road, Kottayam - 686 001, Kerala, and published from Manorama Building, K.K. Road, Kottayam - 686 001, Kerala, by Publisher and Printer Jacob Mathew, on behalf of the Malayala Manorama Company Private Ltd., Manorama Building, K.K. Road, Kottayam - 686 001, Kerala. Editor Philip Mathew, Manorama Buildings, Panampilly Nagar, Kochi - 682 036, Kerala. Place of Publication: Manorama Buildings, Panampilly Nagar, Kochi - 682036, Kerala. • Focus/Infocus features are paid marketing/PR initiatives

