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U.S. OPEN TENNIS

Alcaraz,
Sabalenka
clinch
titles

HOCKEY

India is
Asian
champion

POSTER
INDIAN MEN'S
HOCKEY TEAM

NAVDEEP SINGH

“It’s important to always have new targets. New goals help you forget the old ones,” says the Arjuna Awardee ahead of the Para Athletics World Championships in New Delhi





70



WORLD ATHLETICS CHAMPIONSHIPS: INDIANS SET FOR GLOBAL TEST IN JAPAN

» World Para Athletics Championships – Special Interviews

- 16 **Praveen Kumar**
I've never thought of myself as just a para athlete. I want to inspire everyone

- 20 **Pranav Soorma**
The true reward lies in never giving up, showing up each day, and living life as it's meant to be lived

- 24 **Navdeep Singh**
The social media follower count can go up and down, but not my achievements

- 28 **Yogesh Kathuniya**
Too often, para athletes are met with sympathy instead of empathy

- 32 **Hokato Hotozhe Sema**
Sports has given me a chance to serve India again, something I thought I had lost after my injury in the Army

- 36 **Ekta Bhyan**
Sport matters because it allows us to be visible in a country where public spaces remain largely inaccessible

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- 74 **Tennis**
Alcaraz, Sabalenka clinch U.S. Open titles

- 80 **Hockey**
India dethrones South Korea, crowned Asian champion

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