

Reader's Digest

JUNE 2025

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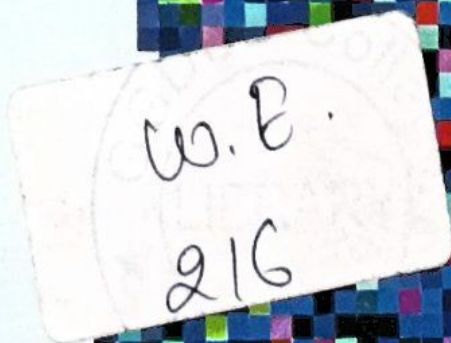
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COVER PHOTO ILLUSTRATION BY Justin Metz