

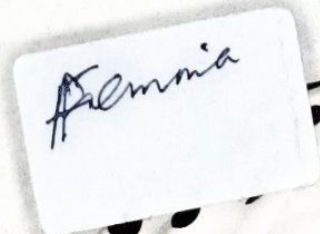
FEMINA

*Be
unstoppable*

The
**BIG
BEAUTY**
IT list

**LOVE
YOURSELF**
The Time
Is Now!

The
Finance
Files
**KNOW
YOUR
MONEY**



Your
Next
**LEADING
LADY**

Harnaaz

Sandhu



FEMINA CONTENTS

VOLUME 66 NUMBER 08

14 Cover Story

DESTINED TO SHINE

Conquering the world was just the start for Harnaaz Sandhu – now, she's bringing her global charisma to Bollywood



FEMINA TEENS

60 Beauty

YOU DO YOUR HUE

Experts weigh in on teen skin, glow-up trends, and the magic of owning your true self

63 Music

THE GRWM MIX

Hit play before hitting the town!

64 Bingo

GLOW-UP BINGO

Everyday rituals to feel effortlessly gorgeous

LOVE & RELATIONSHIPS

66 Self

"UGH, I HATE HOW I LOOK!"

This isn't your standard self-love pep talk – just a gentler way of seeing yourself

70 Parenting

HELP YOUR CHILD GROW UP BODY POSITIVE

Because that's as essential as learning the ABC

72 Self

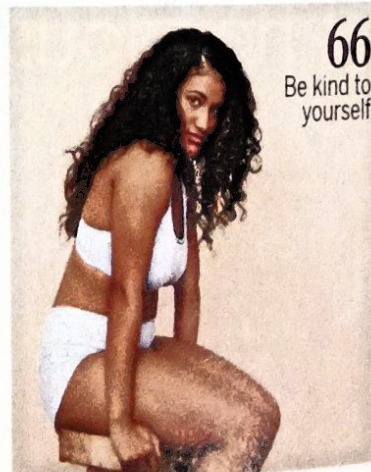
TOO GLAM TO GIVE A DAMN

Time to channel your inner IDGAF queen and rise above the noise



50 Femina Event CELEBRATING SUCCESS

Femina Achievers 2025 Odisha was all about women who dare, do, and drive change



66
Be kind to yourself