

Woman's era

World Hypertension Day 17th May

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Control Pressure, Cherish Life



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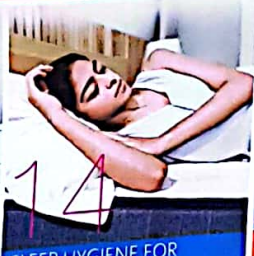
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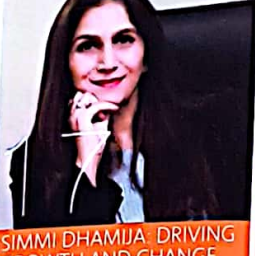
Dr. Zakia A. Khan



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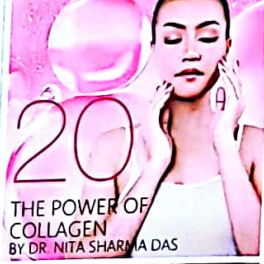
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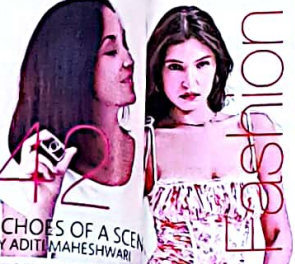
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Cookery

Layers of Taste

- Green Rice Bowl
- Beetroot Stacks
- Flambe Pineapple
- Smoked Green Mango Curry
- Marmalade Burgers
- Brussels Sprouts
- Chicken Gostaba

And Many More...



IANA CLUTCHES



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Editor, Printer & Publisher
DIVESH NATH

Published on behalf of Delhi Printing & Publishing Co. Pvt. Ltd.
Editor@WomansEra.com

Printed at:
B-23, Site-3, Industrial Area,
Meerut Road, Ghaziabad,
Uttar Pradesh - 201003

Founder: Vishwa Nath (1917-2002)

1. Contribution articles and stories write@womansera.com
2. For advertising and product promotion queries: advertising@womansera.com
3. To participate in features: features@womansera.com
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EDITORIAL, ADVERTISEMENT & PUBLICATION OFFICE
Delhi Press Building,
E-3, Rani Jhansi Marg,
Jhandewala Estate, New Delhi-110 055
Phone: 011-47377777.

Title WOMAN'S ERA registered with Government of India as trade mark.

Copy sale, subscription, all advertisers and writers can send mail to:

Woman's Era
Delhi Press
E-3, Rani Jhansi Marg,
Jhandewala Estate, New Delhi-110055
INDIA

www.womansera.com

Woman's Era Print Subscription Plans

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| Current Issue ₹ 100 with effect from August 2020. Shipping by Indian Postal Services. | 2 year - 24 Issues ₹ 2400 Shipping by Indian Postal Services. Services by courier Assured delivery plus Add ₹ 720 for delivery by courier. |
| 1 year - 12 Issues ₹ 1200 Shipping by Indian Postal Services. Services by courier Assured delivery plus Add ₹ 360 for delivery by courier. | 3 year - 36 Issues ₹ 3600 Shipping by Indian Postal Services. Services by courier Assured delivery plus Add ₹ 1080 for delivery by courier. |

Cheques in the name of Delhi Printing & Publishing Co. Pvt. Ltd.
Posted to Delhi Press Building, E-3, Jhandewala Estate, New Delhi-110 055.

The names of characters used in all fiction and semi-fiction articles are fictitious.

ISSN 0971-1503
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New Delhi-110 055, India.

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