

Exam Code: 1263

Sub. Code: 46179

2065

Advanced Diploma Course (Add-on)

Guidance and Counselling

Paper –I: Career Education

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. 9 (Unit-V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

Unit-I

1. Define career counselling. Who were pioneers in career counselling? Highlight their contributions. (3+12)
2. What changes have been observed in the world of work change over the time? How can we prepare the youth for the contemporary work life? (7+8)

Unit-II

3. Compare the major phase of career development proposed by Super with Tiedeman and O'Hara? Whose theory is more relevant in present time and why? (10+5)
4. Why is it important to understand different career theories when planning a career? Discuss the importance of Roe's theory in this process. (5+10)

Unit-III

5. How have globalization and automation reshaped the traditional labour market structure? Which skills are the most important to survive in modern labour market? (8+7)
6. Critically examine the impact of psychological and socio-economic factors in career planning and job performance. (15)

Unit-IV

7. Define Career maturity. Enlist some common barriers to career maturity, and how can they be overcome? (3+6+6)
8. What is career decision making? Which factors are to be considered while matching career talents of individual with the job market demand? What are the steps in developing clear and realistic life goals for students? (3+5+7)

Unit-V

9. Write short notes on following:
 - a. Tools to analyze life career themes (4)
 - b. Ego-identity and career development (4)
 - c. Problems related to leisure time (3 $\frac{1}{2}$)
 - d. Strategies of career decision making (3 $\frac{1}{2}$)

x-x-x