

Exam Code: 1263  
Sub. Code: 46159

2065  
Advance Diploma Course (Add-on)  
Cosmetology  
Paper – A

Time allowed: 3 Hours

Max. Marks: 60

**NOTE:** Attempt five questions in all, including Question No. I which is compulsory and selecting one question from each Unit.

x-x-x

I. Answer the following:-

- a) Carrier oils
- b) Ayurveda
- c) Aroma therapy
- d) Bacteriology
- e) Tulsi
- f) Reflexology

(6x2)

**UNIT - I**

II. Explain the structure and function of the nervous system and its role in coordinating body functions. (12)

III. a) Explain the different types of bacteria and common bacterial infectious agents.  
b) Discuss muscular system. (6,6)

**UNIT - II**

IV. Discuss the different types of herbs and their remedial properties. (12)

V. What is Aroma Therapy? Explain the benefits and the procedure of aroma therapy. (12)

**UNIT - III**

VI. What is aerobics? Explain its importance and some basic techniques used for weight reduction. (12)

VII. Discuss the history and meaning of spa. Explain different types of spas and their benefits. (12)

**UNIT - IV**

VIII. Discuss the Acupressure points in detail. (12)

IX. What is Panchkarma? Discuss its importance, benefits, and the various methods used in Panchkarma therapy. (12)

x-x-x