

(i) Printed Pages : 2

Roll No.

(ii) Questions : 9

Sub. Code :

1	7	7	7	4
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Exam. Code :

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**B.A./B.Sc. (Hons.) 6th Semester
(2055)**

PSYCHOLOGY

Paper : Counselling and Organizational Psychology

Time Allowed : Three Hours]

[Maximum Marks : 90

Note :—(1) All questions carry equal marks.

(2) Attempt **ONE** question from each unit.

(3) Question No. 1 is compulsory.

1. Attempt any **NINE** of the following briefly :

- (a) Importance of ethics in counselling.
- (b) Verbal and Non-verbal communication.
- (c) Techniques used in Existential approach to counselling.
- (d) Paradoxical Intention.
- (e) Discuss the importance of motivation in organizations.
- (f) Describe important characteristics of work motivation.
- (g) Motivators and Hygiene factors.
- (h) Discuss some facts about alcoholism.
- (i) Bulimia.
- (j) Sleep apnea.
- (k) Warning signs of learning disability.
- (l) Giftedness.

9×2=18

UNIT—I

2. Discuss the nature and goals of Gestalt approach of counselling. Explain the techniques used in this approach. 18
3. Explain the importance and implications of Cognitive Behaviour Therapy in counselling. 18

UNIT—II

4. Define the term work motivation. Discuss any one theory of work motivation with its practical application. 18
5. Discuss the need and features of organizational development. Elaborate the different types of strategies of organizational development. 18

UNIT—III

6. What is health coronary behaviour ? Write about the nature and preventive measures of nicotine addiction. 18
7. How does alcoholism affect health ? Briefly state the various interventions for the management of alcoholism. 18

UNIT—IV

8. Elucidate the nature and types of learning disability. Discuss the areas of assessment of learning disability. 18
9. How do exceptional children differ from normal children ? Briefly discuss the needs and problems of gifted children. 18