

2064
Advance Diploma Course (Add-on)
Cosmetology
Paper – A

Time allowed: 3 Hours

Max. Marks: 60

NOTE: Attempt five questions in all, including Question No. 1 which is compulsory and selecting one question from each Unit.

x-x-x

I. Answer the following:-

- a) Give brief introduction of aerobics.
- b) Give the meaning and importance of Panchkarma.
- c) Give the benefits of Aromatherapy.
- d) Name three major organs of excretory system.

(4x3)

UNIT - I

II. Discuss the working of digestive system in human body.

(12)

III. What is Bacteriology? List any six bacterial infections.

(12)

UNIT - II

IV. Give brief introduction and remedial properties of :-

- a) Saunf
- b) Ashwagandha
- c) Tulsi
- d) Mint

(12)

V. What is aromatherapy? Give a brief introduction of Aroma oils and their use.

(12)

UNIT - III

VI. What is spa? What are the various types of spa?

(12)

VII. Write some basic aerobic techniques used in weight reduction.

(12)

UNIT - IV

VIII. Mark some important acupressure points on a diagram. Also write the method of giving acupressure.

(12)

IX. Give the meaning, importance and benefits of Panchkarma.

(12)

x-x-x