

1056
Advanced Diploma (Add-on Course)
Cosmetology
Paper – A
(In all mediums)

Time allowed: 3 Hours

Max. Marks: 60

NOTE: Attempt five questions in all, including Question No. IX (Unit-V) which is compulsory and selecting one question each from Unit I-IV.

x-x-x

UNIT – I

- I. Discuss the importance of various components of circulatory system of human body. (12)
- II. Giving examples of different types of bacteria, discuss the infections caused by bacteria. (12)

UNIT – II

- III. Explain the use of aroma therapy. Describe the process of aroma therapy. (12)
- IV. Write about remedial properties of tulsi and ashvagandha. (12)

UNIT – III

- V. Describe various types of spa treatments, discuss the benefits of spa treatment. (12)
- VI. Explain the steps followed in weight reduction by aerobics. (12)

UNIT- IV

- VII. What are the important acupressure points? Describe the procedure of giving acupressure treatment. (12)
- VIII. Explain the panchkarma technique giving benefits of panchkarma. (12)

UNIT – V

- IX. Write short notes on the following:-
 - a) Types of aroma oils
 - b) Functions of skin
 - c) Uses of neem(4x3)

x-x-x

(Hindi and Punjabi version enclosed)

P.T.O.